

## PRODUCT SUMMARY

With its bright and joyful aroma, Lemon essential oil benefits skin and hair as much as its aroma enhances your environment. This best-selling oil can be used in a variety of ways: Mix it with your cleaning products, use it during your nighttime skin care routine, or add a drop to your conditioner for a great scent.

This oil is a key ingredient in many hair and skin care products, Thieves® cleaning products, and essential oil blends such as Thieves®, Citrus Fresh™, Clarity™, Joy™ and Harmony™.

Because citrus oil can cause photosensitivity, avoid applying Lemon to exposed skin before spending time outside.

## KEY INGREDIENTS

Lemon essential oil

## EXPERIENCE

Lemon essential oil has a cheerful, sweet aroma that can freshen and fill your home with its clean, lemon-drop scent when diffused.

## PRODUCT BACKGROUND

Originally from the regions of Asia, the lemon tree wasn't common in Europe until the 16th century. It is a part of the evergreen family and reaches a height of about 20 feet tall. From those trees, 75 lemons are required to make one 15-ml bottle of Lemon essential oil. This is accomplished by cold-pressing the rinds of the lemons, producing an oil with the aroma of freshly picked fruit.



Topical



Aromatic



Dilute



Photosensitive

## BENEFITS & FEATURES

- Keep Lemon on hand for its clean, energizing, and invigorating aroma.
- Diffuse it to create a more focused environment.
- Use its aroma to create an uplifting atmosphere.
- Add Lemon to skin care products to help reduce the appearance of aging.
- Use it to help remove adhesives.

## SUGGESTED USE

- Boost your daily cleaning regimen by adding a few drops to your floor, window, or surface cleaning solutions.
- Make Lemon a part of your nighttime beauty routine by mixing 1–2 drops with your favorite beauty products. It will reduce the appearance of aging for a youthful complexion.
- Diffuse Lemon when the atmosphere is melancholy for a boost of cheer.
- Diffuse it at work or school for a bright aroma that creates a sense of focus and motivation.

# LEMON



## DIRECTIONS

**Topical:** Dilute 1 drop with 1 drop of V-6™ or olive oil and apply to desired area as needed.

**Aromatic:** Diffuse up to 1 hour 3 times daily.

## CAUTIONS

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use. Avoid direct sunlight or UV rays for up to 12 hours after applying product.

## INGREDIENTS

*Citrus limon*<sup>†</sup> (Lemon) peel oil

<sup>†</sup>100% pure, therapeutic-grade essential oil

## ALSO AVAILABLE IN

Lemon Vitality™ Essential Oil (Item No. 5625)

Lemon Essential Oil Sample Packs (Item No. 4772)

## FREQUENTLY ASKED QUESTIONS

**Q. Can Lemon essential oil be ingested?**

A. Lemon essential oil is labeled for topical and aromatic use and is not intended for internal consumption. Be sure to always follow individual label instructions for Young Living products. Try Lemon Vitality for internal use.

**Q. Does Lemon essential oil need to be diluted for topical application?**

A. Yes, dilute 1 drop of Lemon essential oil with 1 drop of V-6 or olive oil and apply to desired area as needed.

**Q. Does Lemon essential oil cause photosensitivity?**

A. Yes, avoid direct sunlight or UV rays for up to 12 hours after applying product.

## COMPLEMENTARY PRODUCTS

Citrus Fresh™  
Essential Oil Blend  
Item No. 3318



Peppermint  
Essential Oil  
Item No. 3614



Thieves® Essential  
Oil Blend  
Item No. 3423



Desert Mist™  
Ultrasonic Diffuser  
Item No. 21558

